



- Worked as a career coordinator since May 2021, at Hanken since January 2019
- Focus on Hanken International Talent™
  and international master's students'
  integration to working life in Finland
- International employment background, have worked in seven different countries
- Hankenalumnae and previous student union active (president of SHS, president of the Student Council, president of the Exchange Committee...)





Hanken International Talent™ is a talent management programme that helps you to build your network and supports you in making meaningful connections to potential employers during your master's studies. It aims to help you to integrate even better to the local society. Whether you plan to pursue your career in Finland or elsewhere, Hanken HIT ™ supports you throughout your studies to explore working life and kick-start your career!



Hanken HIT<sup>™</sup> - three areas of development:

**Social capital & business environment**: build various professional and social networks, discover Finnish business culture and Finnish business environment.

**Personal growth**: with a mentor, set your objectives, learn to recognize your strengths and make yourself relevant to the Finnish job market.

**Professional development**: solve company challenges via various employer-student cooperations and explore different career options.



Hanken International Talent<sup>TM</sup> community offers you multiple ways to widen your network and explore Finnish working life:

## Networking - from friendships to professional network @

- Career events: Hanken's Career Services offers networking events, such as career fairs and working breakfasts, for all Hanken students. First up is Hanken Network Day 23.9 kl 10-14. You will also get invitations to career events especially designed for international students interested in pursuing a career in Finland.
- Social events & community offered by the student union
- Hanken's Mentorship programme: a perfect opportunity to widen your network to Hanken Alumni
- Events offered by the Talent Boost community municipalities, Business Finland,
  The Chamber of Commerce... Henna will keep you posted about these ☺
  - Regional events both in the capital area & Vaasa
  - In Vaasa also Vaasa International Talents initiative

## Developing working life skills

- Mentorship programme: Hanken's mentorship programme offers personal development possibilities via monthly meetings with an experienced alumni mentor
- CV/LinkedIn check-ins & cover letter workshops offered by the Career Services & Hanken Partners
- Course Working Life Skills for Experts and Team Leaders organized by Suomen Ekonomit (5169-E, 2sp)
  - Special Advisor Ted Apter, Suomen Ekonomit: "During this course you gain beneficial skills, which you can make good use of already in the beginning of your career. You learn the tricks of successful salary negotiations, employment contracts and recruiting. You gain information of the Finnish labour market model, unemployment system and lay-offs. You also receive key information on how to distinguish yourself and succeed in job search."

## Local language & business culture studies

- Hanken offers language courses both in Finnish and Swedish on different levels
- If you have never studies these languages before you are welcome to join the beginners courses
- Check out also the opportunity to do a minor in one of these languages
- You can also combine both languages and thus get a minor in the national languages:
  - "The goal of the <u>Minor in the national languages of Finland</u> is to give international students basic skills in both Finnish and Swedish. The minor consists of 25 ECTS and the student should choose at least 10 ECTS in both languages, the remaining credits (5 ECTS) can be chosen freely."
  - For this opportunity, read more at Hanken's web page or contact katja.peltola(at)hanken.fi
- For those interested in learning more about the local business culture, check out Hanken's courses offered in Nordic and Finnish business culture

## Getting involved with local companies & organizations

- Business integrated teaching: in a selection of courses you get to meet local and global businesses and NGOs already in the classroom for example through guest lecturers and real-life cases.
  - Associate Professor Tom Lahti about the course Business Consulting (Entrepreneurship and Management): "In this course, the students learn what working in consulting is all about. They run a company that does consulting assignments for real life clients. Their responsibilities involve planning and selling a project, creative problem solving and reporting to a client. The goal is to develop their entrepreneurial skills and attitudes."
- Hanken Business Lab: For those entrepreneurially minded and wishing to work in entrepreneurial setting, Hanken Business Lab provides a unique platform to integrate into the entrepreneurial ecosystem in Finland and internationally.

## Gaining work experience during your studies

- Internship: you can choose to include a 5 or 10 ECTS internship to your degree
  - 5 ECTS course equals to 8 weeks of full time work, 10 ECTS to 16 weeks. You can also do an equal amount of hours as a part-time work.
  - You can find an internship at Hanken's job board JobTeaser
  - Internship grants available for internships in May-August
- Voluntary work: you can choose to include 5 ECTS (134h) of voluntary work and societal engagement (e.g. for an NGO, student project, just to name some) to your degree
  - Erkko professor Gyöngyi Kovács: "Hanken students are strongly encouraged to apply their knowledge from their studies to voluntary work, and conduct professional tasks in society that relate to their major, and business studies. All such work to help people in society can be considered for the course Voluntary Work, so students learn how volunteering benefits societies and companies from both the practical and scientific viewpoints."

## Hanken International Talent™ Your ticket to Finland's global future

"Within just a few months of my study at Hanken, joined as an intern at NEFCO. Reporting to the Environmental director I compile relevant environmental and sustainability questionnaires for projects to be potentially funded by NEFCO. Additionally, I am also responsible for incorporating gender mainstreaming in the company's procedure for project reviewing and verifying the risk indicators in the projects. I am grateful for the opportunity to Hanken International Talent™ and ability to work in a field I am passionate about!"

Sudina Shrestha Intern, Environment and Technology at NEFCO #HankenHIT



## Voluntary work experience

"Having been with 180 Degrees Consulting Helsinki, I realized that what I have got from my volunteer experience is not only personal development in terms of professional skills but also social impacts by helping out local NGOs. It is a win-win situation for me as an international student in Finland looking for opportunities to gain experiences from extra curriculum activities, and local NGOs seeking out to tackle their problems.

To be more specific, by working on a consulting project for local NGOs, I could utilize my study at school to help local NGOs overcome their challenges and reach their full potential solving the organizations' problem. Some of the NGOs 180 Degrees Consulting Helsinki worked with are Finnish Refugee Council, Monaliiku, Fida, Physician for Social Responsibility and so on."

#### **Dung Tran**

Major: Marketing

Volunteering at: 180 Degrees Consulting Helsinki



## Be visible, get involved and take advantage of the opportunities

- Read more at hanken.fi/hit
- Sign up to JobTeaser platform (I know there is a lot to do now that studies are starting, but please sign up before Hanken Network Day 23.9 ☺)
- Henna will keep you posted about timely events, application periods, and so on via your Hanken e-mail
- Anything you are wondering about Hanken International Talent, just contact Henna − I am here literally for you ☺

# HankenHIT – your ticket to Finland's global future.





# Good luck with the start of your studies and let's keep in touch!

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